



SANT NIRANKARI PUBLIC SCHOOL MALVIYA NAGAR

(October 2023 to December 2023)

SPECTRUM



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- **International Girl Child Day**
- **Global Handwriting Day**
- **Global Handwashing Day**
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- **A Day of Thrill and Delight**
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- **Winter Carnival**

Gandhi Jayanti



Mahatma Gandhi was born on October 2, 1869. He was a pioneer figure in the struggle for India's independence. The birth anniversary of Mahatma Gandhi, the Father of our Nation, was celebrated in our school with the aim of educating students about the principles of truth and non-violence followed by this great leader. Students delivered short speeches, highlighting the importance of the day. A cultural programme was held to mark the day. Students performed creative activities. They also recreated the historic Dandi March. Their efforts were applauded by all.



INTERNATIONAL DAY OF GIRL CHILD



'If you educate a man, you educate an individual, however, if you educate a woman you educate a whole family'

International Girl Child Day was celebrated on 11th October in our school to signify the importance, role and rights of a girl child in our society. To commemorate the day, students gave a wonderful presentation, highlighting the importance of girls in the society and their empowerment. A student of class VII gave a speech to signify the day. Posters with inspirational slogans were also displayed.

GLOBAL HANDWRITING DAY



On, 13th October 2023, Global Handwriting Day was held in the school. A diverse range of activities were conducted, all centered around the theme of appreciating and promoting good handwriting.

Students of classes III to V participated with great zeal, showcasing their skills in paragraph and quotation writing. The day provided a platform for students to hone their writing abilities and appreciate the beauty and importance of clear, good and legible handwriting.

The day served as a valuable opportunity to emphasize the significance of good handwriting.



GLOBAL HANDWASHING DAY

OCTOBER 15



Global Handwashing Day was observed in our school on 15th October 2023. Our students showed their zest and displayed posters. Students of class III demonstrated the steps of washing hands properly. The significance of Global Handwashing Day was shared with the students. This day raises awareness about the importance of washing hands with soap as a key factor in disease prevention.



WORLD FOOD DAY



World Food Day was celebrated in our school on 16th October 2023. Students displayed colourful and informative posters, gave speech, shared the message of the day, appreciated the importance of nutritious food by showcasing a skit and pledged not to waste food. This day is marked not only to celebrate the amazing food that we get to eat every day but also to spread awareness about those who struggle to get even one meal in a day and the need to reduce food wastage.



ZONAL COMPETITION



Students of our school participated in Annual Zonal Athletic meet held at Tyagaraj Sports Complex. They took part in Table-tennis, volleyball and athletics . They won five medals, making it a great achievement.





ZONAL COMPETITION



DATE	EVENT	POSITION	GROUP	NAME	CLASS
ZONAL ATHLETIC MEET RESULT 2023-24					
13/10/23	Triple Jump	IIIrd	Junior boys	Abdul Wahid	VIII
14/10/23	Discu throw	1st	Sub-junior boys	Urfan	VIII
PRIMARY ATHLETIC MEET RESULT 2023-24					
16/10/23	80mtr race	1st	Under 8 boys	Kartik Mandal	IV
16/10/23	Shotput	1st	Under 8 girls	Anaya	II
16/10/23	Shotput	IIIrd	Under 8 boys	Habib	III

DUSSEHRA



Dussehra, the Hindu festival that marks the victory of good over evil, was celebrated with great enthusiasm in our school. A cultural programme was held. Students enacted scenes based on the great epic Ramayana. They also made effigies of Ravana. A group dance performance and theme based presentation by the students enthralled everyone.

VIGILANCE AWARENESS WEEK



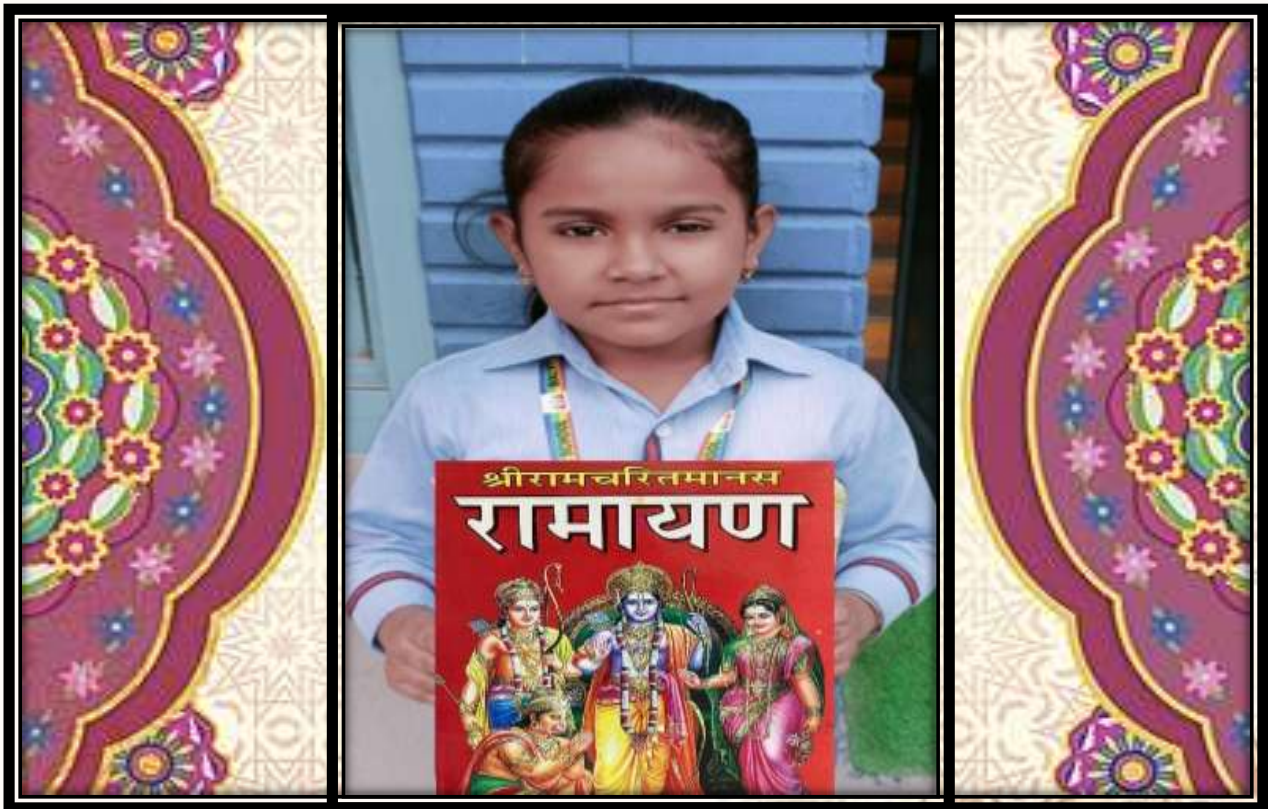
Vigilance Day was held in our school on 21st October 2023, as a special day, to mark the Vigilance Awareness Week. It is celebrated to encourage all students to collectively participate in the fight against corruption. Students took a pledge to be honest and stand against corruption. Some students displayed posters on Vigilance Day with slogans of a Corruption Free India. It coincides with the birth anniversary of Sardar Vallabhbhai Patel, known to be a leader of high integrity. The aim of this day is to uphold the values of integrity, transparency and accountability in public life.

PLEDGE





Valmiki Jayanti



Valmiki Jayanti was celebrated in our school on 28th October 2023. It is observed as the birth anniversary of the sage poet Maharishi Valmiki who is credited with writing the holy book Ramayana. Teachers expressed their gratitude towards Maharishi Valmiki and told about his life and teachings. Students displayed posters. A student of class III gave a speech to signify the day. Valuable quotes were shared with the students.

ANNUAL NIRANKARI SANT SAMAGAM



The 76th Annual Nirankari Sant Samagam was celebrated in the school. This year the theme for Annual Sant Nirankari Samagam was 'Sukoon- The Peace Within'. The celebrations commenced with a 'shabad'. Students presented a skit to signify the theme of the samagam and concluded that experiencing inner peace is utmost important in every human's life.

DIWALI



Our school community came together in a spirit of joy during the Diwali festivities. This celebration not only brought together everyone but also provided them with a deeper understanding of the festival's cultural significance. Students showcased their talents with enthusiasm. An 'Art and Craft Corner' was set up where students were engaged in creative activities; crafting diyas, candles, wall hangings, and torans.



CHILDREN'S DAY



India celebrates Children Day on 14th November, a date that also marks the birth anniversary of Pandit Jawaharlal Nehru, the first Prime Minister of our country. On the joyous occasion of Children's Day, we feel proud of our wonderful children who spread light, hope and laughter in the world. Pandit Jawaharlal Nehru, our first Prime Minister, had a profound vision for the future of our nation, and he recognized the immense potential that lies within our children. Our students showcased their creativity and innovation in their craft work and activities. They made beautiful posters and showed their talents through a spectrum of activities.



INTERNATIONAL TOLERANCE DAY

Tolerance is giving to every other human being every right that you claim for yourself.-Robert Green
Ingersoll



Our school celebrated 'Tolerance Day' with great enthusiasm and a spirit of inclusivity. The event aimed to promote understanding, acceptance, and respect for diversity among students and staff. The assembly featured speeches by school students, emphasizing the importance of embracing diversity and treating everyone with kindness and respect, regardless of their background or differences.





INTERNATIONAL STUDENTS' DAY



Students are like stars; Even in the darkest of times, they shine the brightest with their potential.



November 17 is observed as International Students' Day. This day highlights the value of education for all students. To mark the day, students made posters with inspirational quotes. Various activities were held to showcase the talent of the students.

INTERNATIONAL MEN'S DAY



International Men's Day is held on 19th November every year to highlight and address the issues that affect men globally, as well as to celebrate their contributions to society.

The International Men's Day celebration included various events, and initiatives aimed at promoting awareness of men's health, gender equality, and positive male role models. Our students delivered speeches on the importance of this day. They also showcased their creativity and innovation in making posters based on the theme.

WORLD HELLO DAY



A simple 'Hello' could lead to a million things.



Our school celebrated 'World Hello Day' in a joyful way. The purpose of this celebration was to envision the students that a simple greeting like 'hello' said by people around the world is an effective way of greeting and to begin the conversation.

The students appreciated the significance of the day. They learnt how hello is spoken in major languages across the globe. Students gave an impressive presentation which was appreciated by everyone.



GURU NANAK JAYANTI



Even Kings and emperors with heaps of wealth and vast dominion cannot compare with an ant filled with the love of God.

Guru Nanak Jayanti, also known as Gurpurab, is a significant sikh festival that commemorates the birth anniversary of Guru Nanak Dev Ji. It is observed with great reverence and marks the life and teachings of Guru Nanak, the founder of Sikhism. Our school held a vibrant celebration of Guru Nanak Jayanti on 26th November. The festivities commenced with a captivating biopic depicting the life of Guru Nanak Dev Ji. This insightful presentation showcased his remarkable journey and the profound impact he had on the world. Following the biopic, students delved into the essence of Guru Nanak's teachings, gaining valuable insights into his philosophy of oneness and universal love. The air was filled with devotional fervor as students recited melodious hymns and poems. Their heartfelt renditions echoed the spirit of Guru Nanak's message of compassion, equality, and unity.

A Day of Thrill and Delight



On November 29th, 2023, an electrifying picnic buzzed through the air as students of classes VI to VIII embarked on a thrilling adventure to Rangmanch Farms, Gurugram. Greeted by the vibrant rhythm of drums, the warmth of tilak, and the beauty of flowers, the day promised to be an unforgettable one. Divided into groups, each led by a dedicated guide, the children dove into a world of excitement. Adventure activities like sky cycling, zip line, and rock climbing ignited their spirits. Laughter echoed through the air as they scaled the Tyre Wall, navigated the Commando Net, and braved the Wire Crossing. Children bounced with joy on the trampoline, honed their aim at the archery and enjoy various activities. The DJ's beats pulsed through the day, adding to the vibrant atmosphere. Unlimited rides and an array of delicious food choices fueled the excitement. With something for every palate, from delectable snacks to hearty meals, the food was relished by all. The Rangmanch Farms picnic wasn't just a day of fun and games; it was a tapestry woven with the threads of adventure, discovery, and camaraderie. As the children returned home, they carried with them not just memories of thrilling activities, but also a sense of accomplishment and the warmth of shared laughter. For many, this picnic became a cherished addition to their treasure trove of childhood experiences.

PICNIC TIME



On November 29, 2023, students of classes II and III embarked on a thrilling adventure to the Railway Museum. This exciting picnic aimed to foster camaraderie, provide a refreshing break from routines, and encourage an active lifestyle. As soon as the students arrived at the museum, the buzz of excitement was palpable. They were divided into groups, each led by a dedicated teacher, ready to explore the wonders of the railway world. A plethora of engaging activities, including the train ride and nature walk, kept the young children active. The picnic included a scrumptious breakfast and lunch, providing the necessary fuel for exploration and laughter. Students enjoyed sharing meals with their friends and teachers, solidifying the bonds built throughout the day. As the day drew to a close, group photographs were taken, capturing the joy and camaraderie that blossomed during the picnic. It was also a valuable learning experience that broadened the students' horizons and sparked their curiosity about the world.

INTER - HOUSE ENGLISH POEM RECITATION COMPETITION



Our school organized an Inter - House English Poem Recitation Competition on 26th December, 2023. There were three groups and students of classes I to VIII participated enthusiastically in the competition. All the students performed amazingly well with appropriate gestures, expressions and suitable props. At the end of the competition, result was announced and certificates were given to the winners by Hon. Vice Principal and Hon. Headmistress.



“Peace can only last where human rights are respected, where the people are fed, and where individuals and nations are free.”
- Dalai Lama



Sant Nirankari Public School, Malviya Nagar observed a special assembly to commemorate Human Rights Day. On this day in 1948, the United Nation’s General Assembly adopted the Universal Declaration of Human Rights Day. The day is celebrated to improve the physical, social, cultural and spiritual well-being and welfare of vulnerable groups of people globally. Students gave a wonderful presentation to highlight the theme of the day. Human rights belong equally to each of us and bind us together as a global community with the same ideals and values.



Our school organised “Fit India School Week” in the month of December. The students were enthusiastic and participated in it with great zeal. Various sports events were held in which students from classes Nursery to VIII participated. Various activities, like quiz, essay writing, poster-making competition and fitness pledge by teachers, students and parents, were also held. Yoga and meditation students were held for the students.

HEALTH CHECK-UP CAMP



' He who has health, has hope; and he who has hope, has everything.'

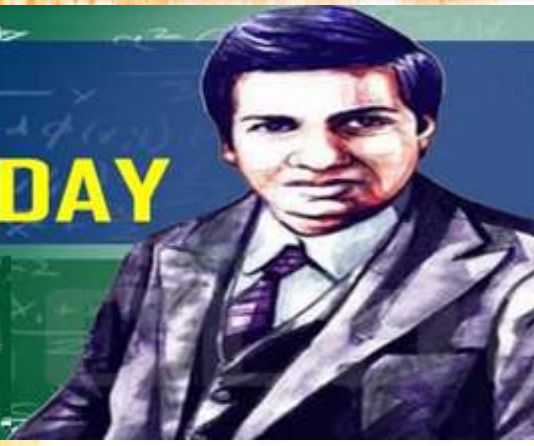


Our school organised a Health Camp on 11th December 2023 in the school premises for the students. The esteemed doctors checked and advised the students to maintain good health and hygiene. They also provided valuable guidance to the students.



NATIONAL MATHEMATICS DAY

DECEMBER
22



Mathematics Day was celebrated in school on 22nd December 2023, with the objective of creating awareness about the importance of mathematics in day-to-day life situations and also to create student's interest in studying mathematics. As part of the celebrations a Special Assembly and a Math's Exhibition were organized. Students displayed their projects and models based on fractions, time, shapes and other related concepts and participated enthusiastically.

MATHEMATICS DAY 22 DECEMBER



Christmas



The spirit of Christmas came alive for the students with a joyous celebration. Children enthusiastically crafted bells, cards, and festive decorations, transforming the school into a winter wonderland. The celebration incorporated a visual depiction of the Nativity narrative. The highlight was when Santa himself entered the scene, igniting smiles and excitement among the children. They received candies, danced, and sang with joy, all sporting their festive red Santa caps. This Christmas celebration was a delightful mix of learning, creativity, and pure fun, creating memories that will last a lifetime.



बूझो तो जाने

1. ऐसा शब्द बताइए कि, जिससे फूल, मिठाई और फल बन जाए ?
2. बूझो तुम ये पहेली, जब भी छिलोगे मुझे मैं हो जाता हूँ नवेली।
3. उसके चार पाँव है, लेकिन वह चल नहीं सकता।
4. रोज रात को वो आते हैं, बिना कुछ चुराए ही चले जाते हैं।
5. एक पक्षी और रंग तीन, आसमान में उड़ान भरते, देते सबको सुकून।
6. एक माँ के दो बेटे, दोनों है महान। एक ठंडा दूसरा गर्म, बताओं क्या है नाम।

उत्तर -

1. गुलाब जामुन
2. पेंसिल
3. मेज
4. तारे
5. भारत का राष्ट्रीय ध्वज तिरंगा
6. चंद्रमा और सूरज

नाम - कृतिका
कक्षा - छठी (अ)

IMPACT OF SOCIAL MEDIA ON TEENAGERS



Social media has a profound impact on teenagers, influencing their social interactions, self-esteem, and mental well-being. The constant exposure to curated online lives can lead to unrealistic expectations and a sense of inadequacy. Cyberbullying on social platforms has become a prevalent issue, affecting the mental health of many teens. The addictive nature of social media can contribute to sleep disturbances and negatively impact academic performance. Despite these challenges, social media also serves as a platform for self-expression and connection, allowing teenagers to find support and share their experiences. Striking a balance and promoting healthy online habits are crucial for mitigating the impact of social media on teenagers.

Name- Prashant
Class- 8th B

WINTER CARNIVAL



The year ended with an exuberant Winter Carnival on December 30, 2023. The school ground pulsated with scintillating music and a lively crowd. It was a vibrant and a fun filled day which saw the participation of parents, teachers and students. Different stalls were showcased including fun games, tattoo painting etc. which were indeed a crowd puller. Also the aromatic food corner was the centre of attraction. The event culminated with the lucky draw. The carnival was a grand success, creating with many memorable moments.



PHOTO ALBUM

